

Icebreaker Planner

Name of icebreaker	Non-Icebreaker Icebreaker
Source:	Class Project June 4-5, 2019
What/why? When to use	Might be good icebreaker to use with trainers who have a lot of experience to share.
How many people	Any; do in small groups with a larger group
Time	2-5 minutes per person
Directions	Describe the worst icebreaker (or the best) you have ever experienced.
Materials needed	none
Variations	
Notes	Doubles as research to find new icebreakers or ones to avoid Engages everyone, should be humorous

Icebreaker Planner

Name of icebreaker	Black Dot
Source:	Class Project June 4-5, 2019
What/why? When to use	Good to spur creativity
How many people	Any; do in small groups with a larger group
Time	5-10 minutes
Directions	<p>Split into groups, 1 person assigned to be a recorder, who will simply scribe all answers.</p> <p>The group is shown a picture of a black dot and given 3 minutes to brainstorm everything the picture could be. If needed, give an example.</p> <p>When the 3 minutes are up, the facilitator chooses a group to go first. The reporter will read each idea off the list. If any other team has that same item, everyone crosses it off their list. The team with the most items left (unique ideas) wins.</p> <p>Facilitator has final say on any challenges.</p>
Materials needed	Paper, pen, picture of a black dot
Variations	
Notes	

Icebreaker Planner

Name of icebreaker	Can You Picture This?
Source:	Class Project June 4-5, 2019
What/why? When to use	Giving and following instructions Listening skills Feedback skills Coaching skills
How many people	Any; do in small groups with a larger group
Time	10 minutes
Directions	<ul style="list-style-type: none">• Break into pairs• Have them stand back to back• Pass out a drawing to the partner who will describe the drawing• Pass out pen and paper to the one who will be drawing• Give time to have the person drawing time to listen and draw
Materials needed	Paper, pen, drawings for each team (or use the same one)
Variations	<ul style="list-style-type: none">• Bigger groups• Multiple people give directions at once• Multiple people drawing based on one person's description• Instead of being back to back, have a third person coach and correct while the drawing is happening
Notes	

Icebreaker Planner

Name of icebreaker	Do-Over
Source:	Class Project June 4-5, 2019
What/why? When to use	Next level training on basic employee calls
How many people	Any multiple of 3 people
Time	5-10 minutes
Directions	<p>Break into groups of 3. Discuss questions you have had to transfer.</p> <p>Each group comes up with one call you have transferred that you would like to be able to answer. Put on flip chart. Discuss answers.</p>
Materials needed	Flip chart, markers, sticky notes
Variations	<p>Size of groups</p> <p>Number of questions</p> <p>Could be adapted to almost any situation where people would like to have had better resolution.</p>
Notes	

Icebreaker Planner

Name of icebreaker

Take Your Chances, or Roll the Dice

Source:	Class Project June 4-5, 2019
What/why? When to use	Engage participants during opening introductions, keeps the intros from being too predictable
How many people	Any; do in small groups with a larger group
Time	Depends on group size
Directions	Each person rolls the dice and answers the question for the number they roll.
Materials needed	Dice, 6 questions (numbered) on white board or flip chart
Variations	<p>Have two sets of 6 questions and swap them out midway through the game</p> <p>Trade dice for a soft ball that can be tossed among the group and who catches it can choose the question they want to answer</p> <p>Repeat several times for multi-day classes</p>
Notes	

Icebreaker Planner

Name of icebreaker	Madlibs
Source:	Class Project June 4-5, 2019
What/why? When to use	Just for fun, could be part of an introduction to learn names quickly
How many people	Any; do in small groups with a larger group
Time	10 minutes
Directions	<p>Have participants choose one word using the first letter of their name. This could be a name, animal, noun, verb, weather, or state.</p> <p>Then they must turn all the words into a sentence that makes sense (sort of.)</p> <p>Example: (name) was walking down the street and ran into an (animal.) When the (noun) exploded, she noticed (weather) and began to (verb) home. (state) was famous for meatballs falling from the sky.</p>
Materials needed	none
Variations	<p>Do as an energizer any time, mixing up people with others they haven't met during the training.</p> <p>Give a prize for the best sentence.</p>
Notes	

Icebreaker Planner

Name of icebreaker **Metaphor Madness**

Source:	Class Project June 4-5, 2019
What/why? When to use	Creatively connect learning with pop culture references
How many people	Any; do in small groups with a larger group
Time	5-10 minutes
Directions	<p>Have groups work together to brainstorm situations like these:</p> <ol style="list-style-type: none">1. Imagine that QVC is selling Leadership in a Box, what five qualities would be found in the box?2. Imagining you are going to an amusement park, give your favorite rides names that correspond to the 5-Cs of customer service.3. Create a movie poster for EQ skills.
Materials needed	none
Variations	<p>Reframe the question based on the content you want to have highlighted.</p> <p>Use at the beginning to introduce topics and see what learners already know.</p> <p>Use at the end as a review.</p>
Notes	Be aware that everyone might not have knowledge of every pop culture reference. Choose items you think everyone would have some knowledge of.